#### **ENROLLMENT REQUIREMENTS**

Interested students must complete the following steps for enrollment:

- 1. Call or email to make an appointment with a PCA Student Program Advisor: 805-898-8121 or ncsss@pipeline.sbcc. edu (Wake Campus)
- 2. Apply and register (Your Advisor will help with this process).



SBCC School of Extended Learning Student Services offices are located at:

Wake Campus 300 N Turnpike Road Santa Barbara, CA 805-898-8150 or 805-898-8121



### PERSONAL CARE ATTENDANT SALARY RANGE

The median salary for Personal Care Attendants in Santa Barbara is approximately \$17 per hour. Hourly rate is based on completion of a training program and experience.

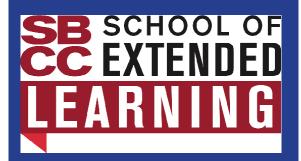


For more information on other health career programs offered by Santa Barbara City College (in both credit and noncredit), please contact a Student Program Advisor at Schott or Wake Campus: 805-898-8160 or email ncsss@pipeline.sbcc.edu.



## Personal Care Attendant (PCA) Training Program





WHAT IS A PERSONAL CARE ATTENDANT?

Personal Care Attendants assist patients and family with nonmedically directed personal care and home management.

## HOW WILL THIS PROGRAM PREPARE ME?

Students in the program learn the information and skills required to seek entry-level employment as Personal Care Attendants.

## WHAT DOES THE PROGRAM CONSIST OF?

Two required courses:

Personal Care Attendant I: Basic Care

Personal Care Attendant II: Dementia and End-of-Life Care

Classes are in the evenings, for approximately ten weeks. Teaching methods include: lectures, demonstrations, discussion, videotapes, guest speakers, and group activities.

Students who successfully complete the Program's two required courses, and successfully demonstrate competency skills, will receive a CSI Vocational Certificate and a Digital Badge.

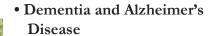
# WHAT DOES IT COST TO ENROLL?

The program is tuition FREE

### PERSONAL CARE ATTENDANT I: BASIC CARE

#### Course topics include:

- Introduction: The Personal Care Attendant as a member of the patient's Home Health Care Team.
- Home Safety and Infection Control
- Physical Movement
- Communication
- Nutrition
- Medication Guidelines
- Skin Care and Cleanliness
- Understanding and Working With Older Patients



- Following Personal Care Instructions and Accurate Reporting and Documentation
- Caregiver Skills and Ethics
- Elder and Dependent Adult Abuse
- Caring for the Caregiver



### PERSONAL CARE ATTENDANT II: DEMENTIA AND END-OF-LIFE CARE

#### Course topics include:

- Alzheimer's Disease: An In-Depth View
- Communication Skills: Caring For Persons with Alzheimer's Disease
- Alzheimer's Disease: Difficult Behaviors
- Structuring the Day: Planning Activities for Success
- Advance Planning
- End-of-Life Care

The PCA Program is offered fall and spring terms each academic year.